



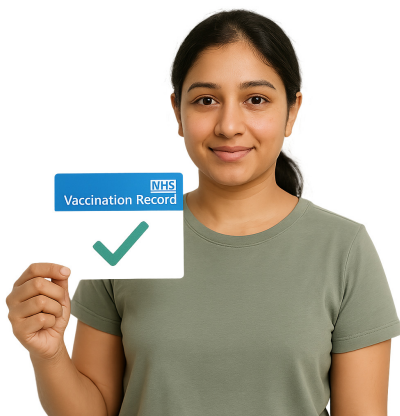
Measles cases are going up. Families should check if they had their MMR jabs. The UK has low jab rates, especially in London.



Get the MMR jab before travelling. Many children in England got measles in April and May. Most were under 10 and not jabbed.



In 2024, Europe had the most measles cases in 25 years. France, Italy, and Spain had many. WHO says other countries have many cases too.



It's never too late for the MMR jab. The NHS offers it free. Check if your child had both doses. The jab prevents serious health problems.