



Healthy Food Plan for the UK



The UK wants people to eat better to fight obesity. Shops will help by selling healthier food. This is part of a new 10 Year Health Plan.



The plan helps people eat less and stay healthy. Shops can change recipes, give discounts, or move items to make healthy choices easy.



Small changes help a lot. Checking healthy food sales helps shops. This makes us healthier and helps the NHS last longer.