



A group went on a survival course in Australia. Gordon Dedman from TV taught them to live without tents or toilets.



They learned to use a knife, tie knots, build shelters, start a fire, find water, and signal for help.



The group ate mealworms and crickets. It was hard for some, but they tried. They learned not to waste food.



Staying calm and having the right mindset is key in survival. Have a plan and know what to do first to stay safe.



They learned to use a device to call for help and make signals to be seen by planes if lost.



The group loved nature and felt sad to leave. They learned about living in the wild and felt closer to the world.