



UK saltmarshes trap gases that warm the planet. They help stop floods and store carbon, like trees. Many were lost to farming.



WWF found that saltmarshes in North-West England store more carbon in summer than they release in winter. These areas help store carbon.



The UK lost many saltmarshes for farming. Restoring them helps nature and protects from floods, like the Hesketh Out Marsh project shows.



Birds like avocets and oyster catchers live in marshes. They eat from the mud. Restoring saltmarshes helps birds and nature.