



Sir Bradley Wiggins is a famous UK cyclist. He won the Tour de France in 2012 and has five Olympic golds. After cycling, he struggled with cocaine addiction.



Wiggins said cyclist Lance Armstrong helped him a lot. Armstrong lost titles for drug use, but Wiggins is thankful for his support.



Wiggins found life hard after cycling. He had problems but now knows asking for help is important.



Wiggins and Armstrong will make a podcast about the Tour de France. Wiggins wants to share his story and help others by talking about his experiences.