



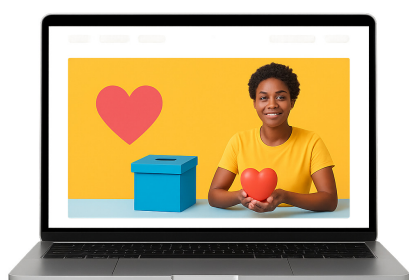
Join Mencap's Big Walk



Mencap helps people with learning disabilities. Join One Big Walk in September to raise money for their work.



Walk 1.5 miles daily, one 15-mile walk, or 150 miles in a month to help Mencap support people with learning disabilities.



Join the One Big Walk by visiting their website. Money raised helps people with learning disabilities live happy and healthy lives.