



Join Mencap's Big Walk



Join One Big Walk in September to help Mencap raise money. Walk 1.5 miles daily, 15 miles once, or 150 miles in a month.



The money helps Mencap stop stigma and support people with learning disabilities and their families. Kat Newstead wants everyone to help.



Join One Big Walk on Mencap's website. Find info and sign up. Every bit helps make a fairer world for all.