

## Helping Women and Girls



The 2025 Year of Cooperatives shows how cooperatives help with SDG 5, making life fairer for women and girls by giving them chances to join and lead.



The report by COPAC and ICA shows how cooperatives help women in Ladakh and Ukraine by breaking barriers and promoting fairness.



The report is in English, French, and Spanish. It shows how cooperatives help make the world better for everyone.