



The Coldstream Guards had a parade for their 375th birthday in Berwick-upon-Tweed. People watched them in their smart uniforms.



The regiment started in 1650. They've been in big battles and won bravery awards. After the parade, they went to church and met important people.



The guards at Windsor Castle will get new flags. They will join the Trooping the Colour in June for the King's birthday. This is a big honour.