



Joanna Page, from Gavin & Stacey, is writing her life story. She writes in places like a pub car park. Her book feels like a "therapy session."



Joanna writes at night after family time with four kids and pets. She gets tired but is determined to finish her book.



Her book, "Lush", shares her life story from Swansea to acting. Writing helps her understand her life.



Joanna is sad about her career ending, especially filming the last episode of Gavin & Stacey. She hopes for more. Her book comes out in September.