



Raynor Winn wrote about walking 630 miles with her husband. It's now a film called "The Salt Path" about their tough journey and finding hope.



Gillian Anderson plays Raynor. She usually plays strong women but wanted a change. Raynor and Moth face challenges like little money and Moth's illness.



The couple lost their home and money. Despite bad weather and health problems, they found beauty in nature and kept walking.



Jason Isaacs plays Moth. The couple stayed positive despite being homeless and meeting unkind people, but they also found kindness.



The film shows how nature helped Raynor and Moth feel better, even though the walk was hard. They slowly found peace.



The film shows a couple being careful with money. They often went hungry. Raynor says living with less changed how she sees things.



Raynor and Moth live in Cornwall. Moth still needs care. Raynor enjoys small treats. The film is in UK cinemas from 30 May.



The Salt Path is about finding beauty and hope in hard times. It shows that even when things are tough, kindness is still there.