



Lewis Moody Talks About His Illness



Lewis Moody, ex-England rugby captain, shared on BBC Breakfast that he has motor neurone disease (MND)



Moody, who won the 2003 Rugby World Cup, said it was hard news. MND is a serious illness that affects the nerves in the body.



He shared his story to help others understand MND. Moody wants to raise awareness and support for people with this illness.