



Help for Parent Carers



Parent carers feel tired and lonely. They struggle to afford things, even with benefits. Many can't replace broken items like washing machines.



Benefits don't cover living costs. Many carers skip meals, can't keep homes warm, or afford dental care. Most can't work due to poor childcare.



Carers feel sad and worried. Families need more money and help. Without it, they struggle with debt and health. Carers' well-being is important.